

HULBERT OUTDOOR CENTER

Clothing and Equipment List for Homeschool Programs

We recommend that you clearly write your child's name on all items you send to Hulbert!

The weather in Vermont is wonderful but it is also extremely variable. Because most of Hulbert's activities occur outdoors it is important to be prepared for all weather conditions. ***For outdoor activities, several layers of clothing perform better than one heavy garment.*** Multiple layers insulate well and can be peeled off if you become overheated. Most participants find that they can borrow needed items from family members and friends, and we certainly encourage you not to buy lots of new gear. If you have any questions concerning substitutions, please contact us. If you must purchase items, you may find affordable items at Army/Navy stores, second hand clothing stores or outlet stores.

REQUIRED ITEMS

- Several changes of loose fitting, comfortable clothes that you do not mind getting dirty including:
 - Several pairs of **wool** socks
 - Synthetic fleece jacket or wool sweater
 - Synthetic, wool or silk long underwear (tops and bottoms)
- Rain gear (that can keep you dry in an all day rain)
- Wool or fleece mittens and hat (that covers your ears)
- Hiking boots (waterproofed)
- Extra footwear for indoors (***closed-toe shoes please!***)
- Day pack or small knapsack
- Towel and washcloth
- Toiletries (toothbrush, soap, etc.)
- Flashlight
- Sleeping bag
- Very Important: 2 water bottles (empty 1 liter soda bottles work well)**

OPTIONAL ITEMS

- Musical instruments
- Field guides and binoculars
- Pillow
- Camera and extra film
- Lip balm and sunscreen
- Journal, pencil, paperback book
- Shoes and clothes that can get wet for aquatic activities (except March)
- White 100% cotton T-shirt for dying or printing
- Indelible marker for t-shirt signing

DO NOT BRING

- Large or expensive jewelry
- Pocket or other knives
- Skateboards or Rollerblades
- Food including candy and gum
- Electronic entertainment equipment including radios, ipods, cd or dvd players
- Alcohol, tobacco products and other controlled substances
- Matches or lighters
- Cell phones

FOR MARCH PROGRAMS BE SURE TO ADD:

- Warm, waterproof boots (insulated, wool felt lined boots work well)
- Parka or winter weight jacket
- Snow or wind/rain pants
- Extra clothing, particularly several extra pairs of socks
- Clothing that is easy to layer

Remember: Synthetic or wool fabrics will keep you warm even when wet. Cotton products draw heat from your body when wet.